



British Nanbudo Federation

International Training Seminar

Hosted by Nanbu Doshu Soke

The British Nanbudo Federation would like to invite you to its upcoming international training seminar hosted by Nanbu Doshu Soke.

DOJO

Meadowbank Sports Centre

Martial Arts Studio

139 – 143 London Road

Edinburgh

Scotland

EH7 6AE

Tel: +44 (0) 131 661 5351

Email: Info.msc@edinburghleisure.co.uk

Web: Meadowbank Sports Centre

Geo Location

DATES

Friday September 3rd - Sunday September 5th 2010

TRAINING SCHEDULE

Friday 3rd 7pm – 9pm

Saturday 4th 10am – 12am & 2pm – 4pm

Sunday 5th 10am – 12am & 2pm – 4pm

(Lunch Break 12am – 2pm)

COST

Adult Dan Grades £75

Adult Kyu Grades £60

All Junior Grades (Under 16 yrs) £30

Dinner will be organised for Friday, Saturday and Sunday evening at local restaurants. Please confirm if you wish to attend dinner on any of the above days as reservations at the restaurants will need to be made in advance.

RECOMMENDED ACCOMMODATION

(Please note Nanbu Doshu Soke will be staying at this Hotel)

Apex Waterloo Hotel

23 – 27 Waterloo Place

Edinburgh

EH1 3BH

Tel: +44 (0) 131 523 1819

Email: Edinburgh.reservations@apexhotels.co.uk

Web: [Apex Waterloo Hotel](http://Apex Waterloohotel.com)

Twin/Double rooms with breakfast available from £80 per person per night

Distance to Dojo: 2.3 Km

Distance from Edinburgh International Airport: 16 Km

Distance from Glasgow International Airport: 92 Km

Adria House

11 – 12 Royal Terrace

Edinburgh

EH7 5AB

Tel: + 44 (0) 131 556 7875

Email: manager@adriahouse.co.uk

Web: [Adria House](http://AdriaHouse.com)

Single rooms with breakfast available from £55 per person per night

Double rooms with breakfast available from £45 per person per night

Distance to Dojo: 2 Km

Distance from Edinburgh International Airport: 16 Km

Distance from Glasgow International Airport: 92 Km

Elderfields Guest House

23 Spring Gardens

Holyrood

Edinburgh

EH8 8HU

Tel: +44 (0) 131 620 222

Email: Info@guest-houses-edinburgh.com

Web: [Elderfield Guest House](#)

Single rooms with Continental breakfast available from £42 per person per night

Twin/Double rooms with Continental breakfast available from £27 per person per night

Distance to Dojo: 0.6 Km

Distance from Edinburgh International Airport: 17.3 Km

Distance from Glasgow International Airport: 102 Km

Useful links to further accommodation choices can be found at the following

Web Sites:

[Hotel connexions](#)

[Bed and Breakfast](#)

[Expedia](#)

[Edinburgh city centre hotels](#)

Alternatively you can use Google Earth, just type the following post code EH76AE in to the Fly To box, then either type Hotels or Bed and Breakfast in the Find Businesses box.

Useful Information for International students.

The British Nambudo Federation will make every effort to collect international students from their chosen airport upon their arrival in the UK and provide return transport at the end of their stay, however spaces will be limited, it is recommended you advise Senseikyoshi Michael Harris at the earliest opportunity if you require transport.

Transport to and from the Dojo will be provided for all international students during the seminar.

All of the above hotels are centrally located and are easily accessible by road or rail from either Glasgow or Edinburgh international airports.

Nearest train station: Edinburgh Train Station

Nearest bus station: St.Andrews Square Bus Station

Further information is available at [Transport Direct](#)

The British Nanbudo Federation respectfully requests all students complete a Seminar Pre-Registration form; this will help us ensure your visit is as comfortable and trouble free as possible.

For further information or help on booking accommodation please contact Michael Harris secretary of the British Nanbudo Federation

Email: Senseikyoshi@live.co.uk

Tel: + 44 (0) 1495 790379

Mobile: 07849839086

We look forward to seeing you soon 😊 😊